

THE ISLANDS

EVENTS, ENTERTAINMENT & MORE
FREE CLASSIFIED ADVERTISING
EVERY SECOND FRIDAY
FRIDAY, MAY 28, 2010

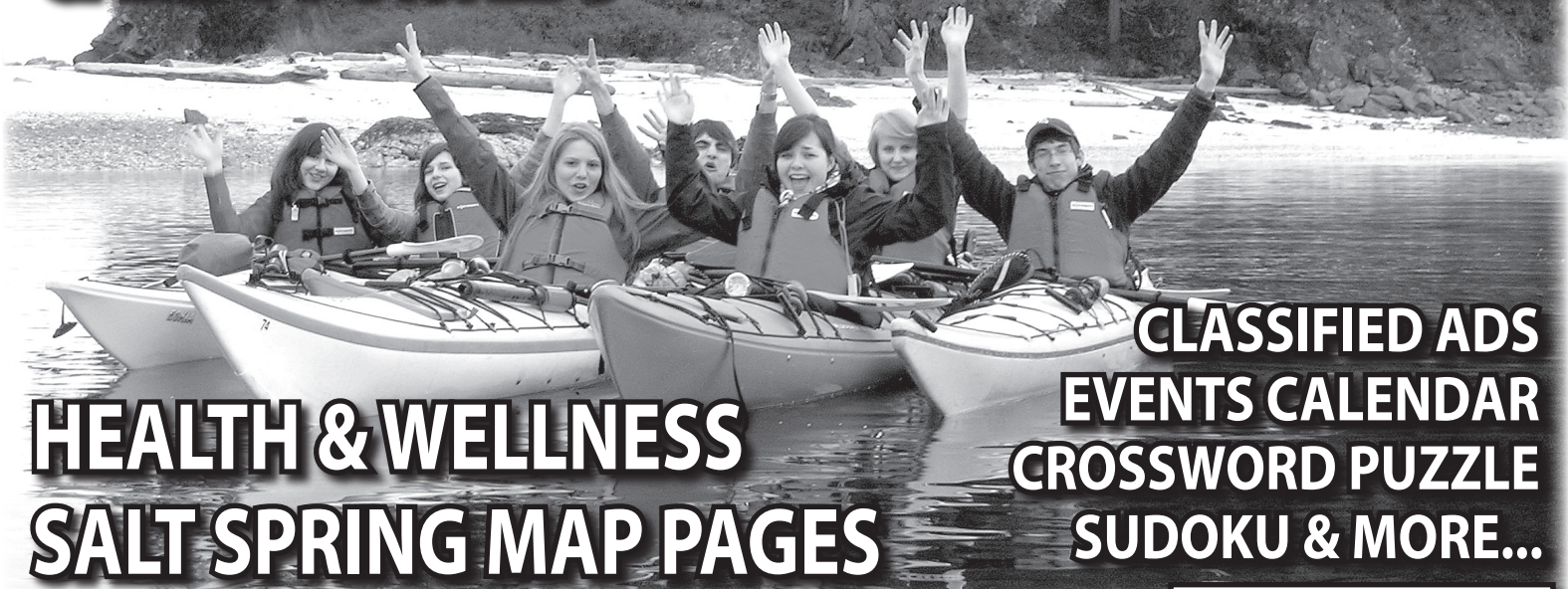
Marketplace

FREE

Volume 4 Issue 17

**2ND ANNUAL SUMMER
CAMPS FOR KIDS**

**THE CROFTON
CORNER**



**HEALTH & WELLNESS
SALT SPRING MAP PAGES**

**CLASSIFIED ADS
EVENTS CALENDAR
CROSSWORD PUZZLE
SUDOKU & MORE...**

On a voyage of discovery, these island escapades kayak summer camp kids are having a blast, as they explore the seashores of Ganges Harbour and Chocolate Beach.

Your Transportation Solution...

**SILVER
HADOW**

**T A X I
250.537.3030**



*Proudly serving
Salt Spring Island
since 1998*

**FREE Ad
Hotline:
537-2905**

Toll Free: 1-877-537-2905

WHAT'S INSIDE:

- Calendar of Events4
- San Fran in a Nutshell.....7
- Harbour House Restaurant
- The 100 Yard Diet8
- Restaurant Review9
- Salt Spring Map..... 10
- Ganges Map..... 11
- Puzzle Page 12
- The Crofton Corner 13
- Summer Camps for Kids.. 14
- Horoscope 16
- Saltspring Soliloquies 16
- Health & Wellness - The
DebFit Method™ 17

GANGES AUTO MARINE 537-9221



**ZenMaster Wolfgang says:
"Check up in May
avoids May-hem in June."**



**SERVICE AND REPAIRS FOR ALL DOMESTIC & IMPORT CARS & LIGHT TRUCKS
#3 - 290 Park Drive Below Dagwoods, behind car wash. Open: Monday - Friday 8am - 5pm**

OUR NEXT ISSUE:

FRIDAY, JUNE 11, 2010

Advertising Deadline:

Tuesday, June 8, 2010

Circulation: 1700+ printed

Computers are the future...

but you feel stuck in the past?

Salt Spring Literacy can help.
250 537 9717
125a McPhillips Avenue

Classified Listings

- APPLIANCES2
- AUTOS FOR SALE 2, 3
- AUTO PARTS & ACCESS. 3
- BIKES 3
- BOATS & MARINE3
- BUILDING ITEMS.....3
- CHILDREN'S ITEMS.....3
- CLOTHING3
- COLLECTIBLES5
- COMING EVENTS 4, 5,6
- COMMUNICATIONS6
- COMPUTERS & ACCESS.6
- DRIVING SCHOOL6
- ECO-EXCHANGE.....6
- ELECTRONICS.....6
- FARM PRODUCTS6
- FREE STUFF.....6
- FURNITURE..... 6, 18
- GARAGE SALES.....18
- GARDENING.....18
- GRAPHIC DESIGN18
- HEALTH & WELLNESS18
- HELP WANTED18
- HOME IMPROVEMENT.....18
- HOROSCOPE.....18
- HOUSESITTING18
- LIVESTOCK.....18
- MISC. FOR SALE 18, 19
- MUSICIANS19
- MUSICAL INSTRUMENTS ...19
- OFFICE SERVICES19
- REAL ESTATE19
- RENTALS19
- RENTALS WANTED.....19
- RVS & CAMPERS.....19
- SPIRITUAL19
- SPORTING GOODS19
- WANTED19
- WORK WANTED19

APPLIANCES

2008 White Kenmore 1.8 cu. ft. 1050 watts, over the range microwave. \$250. 538-8656. 06-25

Air Conditioner - \$165. Portable, ideal for large bedroom or home office. Hiera Model HPR09XC7, 9000 BTU, also works as a dehumidifier if you don't want the cooling. Complete with remote and window kit. On SSL. Phone: 604-616-9102. 06-25

Moffat white top load washer. Good working condition/good shape. Asking 50.00. Phone: 250-537-6635. 06-11

Viking almond electric range. Well used, but in good working condition. Asking \$50.00. Phone: 250-537-6635. 06-11

Medium-size Kenmore refrigerator, you pick up \$60 or we deliver \$80. Clean and in good condition 250 537-1909 or 250 538-0998. 05-28

AUTOS FOR SALE

1984 Dodge camper van, 19' roadtrk, 318cc, power steering, oblique brakes, cruise, sleeps 3, 2 burner stove, fridge, flush toilet, fresh water tank. twin batteries. \$6700 obo. Call 250-629-3289. 06-25

Classic 1986 Ford T-Bird in good condition inside and out, 6cyl, less than 188 kms, sunroof, stereo. Very reliable transportation! Phone: 250-931-1008. 06-25

2005 Toyota Corolla CE, power doors, automatic, 4 doors, new tires, only 72,000K's, good condition, \$8500. 250-526-0530. 06-25

2008 Blue Honda Fit under 26,000 km clean nonsmoking vehicle 1 owner no damage. Great gas mileage. Automatic, cd, power windows. Asking 14,000. Phone: 250-931-1261. 05-28

AUTOS FOR SALE

89 F250 good condition, idles ok has fuel delivery issue new rubber front and back 1000.00 firm or trade. Email: adam_smolcic@yahoo.ca. 06-25

1992 GMC Sierra 1500 4x4 Great truck, runs awesome. 238K Just got a new air filter, front diff. fluid and oil changed. November 09 had brakes done, new calipers and wheel cylinders, drums resurfaced, new shoes and ebrake cables, new battery. 2008 new water pump and fuel pump and tires. 2005 NEW TRANS-MISSION. Interior in great shape, lots of towing power with the V8. Also comes with a black canopy. \$4900 obo. Phone: 250-538-8834. 06-11

1985 Ford E350 Cube Van, v8 automatic 5.8 l. 184,000 km. \$3000 OBO. Phone: 250-537-5836. 06-11

2002 F350, 215 000kms, 7.3L Diesel. Dual wheels, Alum. rims. Crew Cab, long box with removable fifth wheel ball hitch in bed. 6spd manual. Power windows, power locks and A/C. Manual hubs to engage 4x4. Front bumper with receiver for tow hitch. Max tow 14000lbs. max payload 4000lbs. 250-537-2077. 06-11

Westfalia fully camperized 1990, \$15,500, 275,000km, rebuilt engine & trans. @ 220,000km, awning, trailer hitch, extra slide-in seat, air cond., keyless entry, etc., all canvas in mint condition, well maintained with all records. 250-931-0090. 05-28

1994 Volvo 850, 5 cyl, front wheel drive. Auto, sunroof, 241,000km, heated seats, teal green with tan cloth interior. Great car! Priced to sell! \$3,200 obo. Phone: 250-537-4486. 05-28

1991 Suzuki Carry Truck. 4 speed 4x4. 6'7" x 4'3" box. Gasoline engine. Right hand drive. Excellent gas mileage. 63,000 km. Recent tune up at Pretzel's. Perfect island vehicle with small footprint. Price: \$5,300.. Phone #: 250-653-9848. 05-28

PRICE REDUCED for Quick Sale: 1989 Trooper 4x4, 4 cyl. good tires with recent new head on motor. Exc. island vehicle. \$1200. 537-8969. TFN

Sabine Georgy
250 653 9785
sabine@saltspring.com

Island

Signs

formerly
Signs by Jill

Salt Spring Garbage Services Ltd

Serving and supporting the community for over 40 years

Garbage dropped off \$3.00 per bag
The only full service home pick up \$3.75 per bag.

• Spring/Summer Hours

Monday to Friday: 8:00am to 5:00pm
Saturday: 10:00am to 4:00pm

360 Blackburn Road 250-537-2167 ssgarbage@shaw.ca



THE ISLANDS
Marketplace
FREE LOCAL CLASSIFIED ADVERTISING EVERY SECOND FRIDAY
WWW.ISLANDSMARKETPLACE.COM

301 Mobrae Avenue,
Saltspring Island, BC V8K 1J7

Telephone: 250-537-2905
Toll Free: 1-877-537-2905
info@islandsmarketplace.com

Published by:
Sandi & Andrew Poystila

Sales Assistant/Reps:
Teresa Forbes, 250-537-2259
Samantha Parker, 537-7302

Contributing Writers:
Georgiana Reehl,
Jim Anderson, Tracey Supina
Sandi Poystila

About The Islands Marketplace:

Place your free ad if you are buying or selling non commercial items, by calling our number, emailing us, uploading your ad on our website or dropping your written ad off at Apple Photo. You can also mail it to us via Canada Post. Your ad will run for 3 issues and be coded with a number indicating the month and date that it will stop running. To repeat or delete your ad, please contact us. Ads may be edited for space or omitted for content. We accept no responsibility for errors or omissions. Our goal is to promote recycling and local small business with affordable advertising. We cover our printing, distribution and administration costs with paid business advertising. Press releases, stories and photos are always welcome and greatly encouraged.

The Islands Marketplace reserves the right to revise or reject any advertisement. The Islands Marketplace is not responsible for any errors or omissions and is not liable for any damages resulting therein. Editorial content does not necessarily reflect the opinions of the publisher. All material contained in The Islands Marketplace publication is protected by Canadian copyright law and reproduction in whole or in part is prohibited without the express permission from its publisher. © 2010 The Islands Marketplace.

AUTOS FOR SALE

1995 Dodge Neon for sale. \$1200 OBO. Great little car, fuel efficient and reliable. Recently replaced head gasket, and front & rear brakes. Also recent oil change. Selling to buy bigger vehicle. Call or Email for more info or to arrange a viewing. Phone: 250-931-1413. 05-28

1991 Jeep Cherokee 4x4, 4 door, auto. White, over 250,000kms, but still has life in it. Could use a tune up and some minor work. \$800 obo. 537-2950.

Sell your car in The Islands Market-place... for free.

AUTO PARTS & ACCESS

wanted: roof racks for Westfalia van. Call Sandi 537-2950. 05-28

BIKES

Trek Calypso Classic bicycle. Aluminum Frame, 7 speeds, cruiser. \$230. Call 653-9899. 06-25

Norco BMC Bike for sale, near new condition, payed \$395.00 sell for \$250.00. Needs brave rider. 931-7193. 06-11

BOATS AND MARINE

Canoe for sale, 14 ft. red fiberglass, Catarat. positive floatation, bow and stern, wood seats, complete with two paddles and new paint. \$350. Great lake canoe. Call 250-538-5577. 05-14

15' fibreglass boat, fixer upper, offers. Call 537-2085. 06-25

16' Canoe, Needs a lake. Fibreglass, Frontiersman. Very stable. Two paddles \$350.00 Elderly Aluminum boat with oars. Needs water, Asking \$375.00. Phone: 250-538-0082. 06-25

17' Davidson Day Sailor, needs some TLC with sails etc. Phone: 250-537-8398. 05-28

BOATS & MARINE

26' San Juan Sailboat 1976, well kept with a Yanmar 12 hp diesel recently overhauled. Folding prop. and a spare 3 blade prop. Mainsail and several foresails, Dodger, VHF, Knotmeter, Alcohol stove, Porta potty, Anchor and a spare one- \$7800.00 OBO Tel: 250-537-9569. 05-28

Wanted to buy: 3 axle boat trailer for 6 ton, 26 ft. boat with 8ft. beam 250-751-6141. 02-19

Sell your boat here. It's free to sell second hand items. Recycle, reuse & reduce!!

BUILDING ITEMS

Lumber, 200 bd ft. of yellow cedar clear, \$350. Figured Maple, boards and slabs. Clear red cedar. 250-526-2772.. 06-11

I have five boxes of Cultured stone, river rock, approx. 55 sq.ft. with corners. Retail value is \$370 plus taxes, shipping & handling. Can be yours on Salt Spring (delivered) for \$225.00. Please call David. Phone: (250) 653-9855. 05-28

CHILDREN'S ITEMS

Toys in very good condition for babies and toddlers. girls items, baby girls clothes 6-12 months. 537-2950

Pink baby bouncy chair, music and vibrations, folds for travel, comes with carry bag. Excellent cond. \$30 obo. 537-2950.

CLOTHING

Tuxedo -"Drapeshire", black, size 42, extra buttons, 4 piece including bow tie, dry cleaned, almost new. \$85 obo. Phone 250-931-2455 Salt Spring. TFN

Lovely black strapless formal gown with bodice covered in Swarovski crystals suitable for size 14 grad this spring. \$60. 250-526-0530. 06-11

Visit us online:
islandsmarketplace.com

PRETZEL MOTORS



319 Rainbow Road
Saltspring Isl. B.C.
V8K 2M4
Tel: 250.537.4331

WE ARE PASSIONATE ABOUT YOUR CAR

Michelin BF Goodrich Uniroyal Bridgestone Toyo

Salt Spring Auto Service **Tread Shed**



Come in for your Spring Tune-Up by our Licensed Technicians

Sam Gyle

- Brakes • Exhaust • Steering • Tires (New & Used)
- Lube, Oil & Filter • Computer Diagnostics

537-2876 We are a Government Designated Test Facility

#2 - 319 Upper Ganges Road (across from Home Design Centre)
Open 8am to 5pm Monday to Friday

Michelin Pirelli Firestone Hankook Good Year

Saltspring Auto Supply

Visit us for all of your Auto Parts & Supply needs



Open 7 Days A Week:
Mon. to Fri. 7:30am to 6pm
Sat. 8am to 5pm / Sun. 10am to 4pm

JB GROUP

- Ladysmith
- BB Auto Supply
- Colwood Langford Auto Supply
- JB Downtown
- JB Precision

Ph: 250-537-5507

106 Jackson Avenue, Saltspring Island,
Fax: 250-537-2810 Email: ssap@jbgroupp.ca

PAUL B. JOYCE
Barrister & Solicitor

OVER 25 YEARS EXPERIENCE WITH PERSONAL INJURY & ICBC CLAIMS

ALL INJURIES HANDLED

- AUTOMOBILE •
- PEDESTRIAN •
- MOTORCYCLE •
- BICYCLE •
- WRONGFUL DEATH •
- INJURY ON PROPERTY •

FREE Initial Consultation **NO FEE Until You Collect**

IF YOU ARE INVOLVED IN AN ACCIDENT AND HAVE A CLAIM YOU SHOULD CONSULT A LAWYER BEFORE SETTLING

265 DON ORE ROAD
SALT SPRING ISLAND, BC
V8K 2H5

Tel: (250) 537-4413
(24 hours)

The Islands Marketplace CALENDAR OF EVENTS

FRIDAY, MAY 28

Relay For Life at Portlock Park. Walk for a Cure for Cancer, Activities start at 4pm with the Relay beginning at 7:00pm. Come out and support the teams and survivors.

Rugg Huggers Baby & Parent Drop-In, 10:00-1:00 (includes light lunch) at Family Place, 120 Park Dr. 250-537-9176. familyplace@ssics.ca.

World Music at Moby's with Son De Cuba from 8pm on. 537-5559.

"Shrek Forever After" is Held Over at the Fritz Movie Theatre. 537-4656

Library StoryTime: Story Teller's Surprise Day. What's the surprise? Come and find out. Stories, activities, and fun for early grades & pre-school children. 1pm at the Library.

The Academy Presents: Dance at 8 p.m at ArtSpring. Salt Spring Arts Academy students, teachers and special guests from the community team up for a very special evening of dance performance.

UFC #114 Evans vs. Jackson - Watch it at The Local Bar. \$10 advance or \$15 at the door. 7pm No Reserve Seating Door Prizes!! Tickets available at the Bar.

Roller Blading at the Fulford Hall on Saltspring from 7:30 to 9pm.

SATURDAY, MAY 29

Kelowna International Choir performing at Branch 92 Legion Lounge 7pm. Musical memories from the 30's to 50's, Elvis, the Beatles to Bobby Darin and more. No cover charge. Members and guests welcome. Info: 537 5822

10th Anniversary Celebration Event at the Pender Island Community Hall! Join us at 7 pm for an exceptional meal by Pierre Delacote, formerly of Pistou Grill. \$42/ticket includes a three course dinner Wine and beer available. Light musical entertainment. Tix at Southridge Farm Country Store, Talisman Book Store or Medicine Beach Market. Reservations to Pierre at 629-6464.

Pender Island Farmer's Market at Pender Island Community Hall. Local farmers, craftspeople and other vendors offer fresh fruit and vegetables, crafts of all varieties, and delicious food.

Dad 'n' Me - Meet and eat pancakes with dads & kids at Family Place at 120 Park Dr, 8:30-10:30am 537-9176.

SATURDAY, MAY 29

Bach on the Rock, choir and orchestra, final concert of the season, at 7 pm at All Saints' Anglican Church in Ganges.

The Salt Spring Gymnastics Club is having a Car Wash on May 29th from 11am to 3pm at Country Grocer.

The Power of One Community Volunteer Fair at the SS Elementary School Gym, 9am to 3pm

Saturday Market in the Park at Centennial Park in the Heart of Ganges, Fresh organic produce and creative local arts & crafts.

Live Music with Lane 31 at the Treehouse Cafe in the Heart of Ganges.

Beatles Covers with The Sutcliffe's at Moby's Oyster Bar & Grill. 7pm

The Academy Presents: 2nd Annual Student Dance Recital at 7 p.m. All Salt Spring Arts Academy dance students take the stage to highlight what they have been working on this year. Ballet, hip hop, contemporary and tap students from ages 3 to adult.

Randy's Vinyl Tap Radio Show 7-9 pm on CBC Radio 1, Sirius Channel 137

Neighbourhood Night from 8 to 11 p.m. at the Raven Street Cafe.

SUNDAY, MAY 30

Cuban Salsa Classes at the Mahon Hall on Sundays from 6-8 pm. Ph: 250 653 4239.

Alan Moberg at the Treehouse Cafe.

Purina Walk for Dog Guides at Portlock Park at 2pm.

Rainbow Road Pool - Twoonie Swim from 1:30 - 5:30. 537-1402 for info.

Jazz Night with Folkstar Vagabond at Moby's Oyster Bar & Grill. 7pm to 10pm.

Bach on the Rock, choir and orchestra, final concert of the season, at 2pm, at All Saints' Anglican Church in Ganges.

MONDAY, MAY 31

Toastmasters Speaking at 7pm in the Crofton Room, Harbour House Hotel. 537-2581. Guests Welcome.

Parent - Child Drop-in, 9:00 - 12:30, at Family Place, 120 Park Dr. (Behind All Saints Anglican Church). 250-537-9176. familyplace@ssics.ca

TUESDAY, JUNE 1

Osho Kundalini Moving Meditation from 5:30 to 6:30pm. Call Amarita at 537-2799.

TUESDAY, JUNE 1

GISS Dance - students from grades 9 to 12 create original dance pieces. 7:30 pm at ArtSpring. 537-2102.

Open Stage with Dave Jacquest at the Treehouse.

Eckhart Tolle Practicing Presence Group from 7:30 - 9pm. Call 537-2799 for info.

WEDNESDAY, JUNE 2

Listen to The Alan Moberg Show, Wednesdays at noon 107.9 fm or www.cfsi-fm.com

Folk Night with Lane 31 at Moby's Bar and Grill.

GISS Dance - students from grades 9 to 12 create original dance pieces. 7:30 pm at ArtSpring. 537-2102.

THURSDAY, JUNE 3

Live Music with Lane 31 at the FULFORD PUB- thursday 8-11pm

SIMS (Salt Spring Island Middle School) Music Concert at 7:00 p.m. at ArtSpring Theatre. SSI Middle School's end of year music show.

FRIDAY, JUNE 4

Rugg Huggers Baby & Parent Drop-In, 10:00-1:00 (includes light lunch) at Family Place, 120 Park Dr. 250-537-9176. familyplace@ssics.ca.

Library StoryTime: Alphabet Soup with a great mix of alphabet storybooks. For early grades & pre-school children. 1pm at the Library

Live Music with Soul Intentions at Moby's Oyster Bar & Grill. 8pm.

Roller Blading at the Fulford Hall on Saltspring from 7:30 to 9pm.

Robin Hood & Kick Ass starts tonight at the Fritz Cinema. Call 537-4656 or visit www.thefritz.ca for times.

SATURDAY, JUNE 5

Dad 'n' Me - Meet and eat pancakes with dads and kids at Family Place at 120 Park Drive, 8:30-10:30 a.m. 537-9176.

Rainbow Road Pool 2nd Birthday Party, from 9am to 5pm

Saturday Market in the Park at Centennial Park in the Heart of Ganges, Fresh organic produce and creative local arts & crafts.

Pender Island Farmer's Market at Pender Island Community Hall. Local farmers, craftspeople and vendors: crafts of all varieties, and delicious food.

SATURDAY, JUNE 5

Randy's Vinyl Tap Radio Show 7-9 pm on CBC Radio 1, Sirius Channel 137

Neighbourhood Night from 8 to 11 p.m. at the Raven Street Cafe.

Rock Covers with Paxton Bachman at Moby's Oyster Bar & Grill. 7pm to 10pm.

SUNDAY, JUNE 6

Rainbow Road Pool - Twoonie Swim from 1:30 - 5:30. 537-1402 for info.

Jazz Night with Quintessential at Moby's Oyster Bar & Grill. 7pm to 10pm.

MONDAY, JUNE 7

Toastmasters Speaking at 7pm in the Crofton Room, Harbour House Hotel. 537-2581. Guests Welcome.

Heart and Stroke Foundation BIG BIKE Ride at the Centennial Park, all daylong with special guest Art Hister, fun, entertainment and more. Get out and support the Big Bike Ride!!!

Parent - Child Drop-in, 9:00 - 12:30, at Family Place, 120 Park Dr. (Behind All Saints Anglican Church). 250-537-9176. familyplace@ssics.ca

TUESDAY, JUNE 8

Osho Kundalini Moving Meditation from 5:30 to 6:30pm. Call Amarita at 537-2799

Eckhart Tolle Practicing Presence Group from 7:30 - 9pm. Call 537-2799 for info.

WEDNESDAY, JUNE 9

Listen to The Alan Moberg Show, Wednesdays at noon 107.9 fm or www.cfsi-fm.com

Rock Covers with Tom & Matt at Moby's Bar and Grill.

Live Music with KC Kelly at the Treehouse Cafe.

THURSDAY, JUNE 10

Blues Night with Gary Preston and Dave Roland at Moby's Oyster Bar & Grill. 8pm.

Live Music with Lane 31 at the FULFORD PUB- thursday 8-11pm

FRIDAY, JUNE 11

Pick up a New Marketplace today!

UPCOMING EVENTS

Send your free community event info to info@islandsmarketplace.com or call 537-2905.

** ALL EVENTS LISTED ABOVE ARE LOCATED ON SALTSRING ISLAND, UNLESS OTHERWISE NOTED.

Advertise your event here! Email : info@islandsmarketplace.com for the next edition - May 28

COLLECTIBLES

Huge 133 1/3 ounce Canadian Club Texas Mickey bottle with pump and box. Excellent condition... \$30. Phone: 250537-0710. 06-11

COMING EVENTS

STEEL WHEELS – ROLLING STONES TRIBUTE - Saltair City Limits 2010 Garden Party Concert Series, Sat. May 29, Gates Open at 5pm. Tickets \$35. A passion for the Stones makes this band a must see. www.steelwheels.ca Get your tickets soon, you do not want to miss out! www.dancingbean.ca

GISS Dance - students from grades 9 to 12 create original dance pieces. Tuesday, June 1 -7:30 pm and Wednesday, June 2 -7:30 pm at ArtSpring. 537-2102.

SIMS (Salt Spring Island Middle School) Music Concert on Thursday, June 3 -7:00 p.m. at ArtSpring Theatre. SSI Middle School's end of year music show.

Viva Voce! A River of Sound at ArtSpring, Sat. June 5 -8:00 p.m. and Sunday, June 6 -2:00 p.m. Viva Voce! is very excited to present their first concert at ArtSpring. Led by Deb Toole, "River of Sound" is the choir's second performance since forming last fall. The theme this season is "Water", with vocal reflections varying from spiritual to whimsy.

COMING EVENTS

The Westcoast Motorcycle Ride to Live (for Prostate Cancer) Sunday, June 6, 2010. All the money raised stays in our community to help fight prostate cancer. starting from Ogden Point with a self-guided ocean side poker run tour, commencing at the Mary Winspear Centre in Sidney for a lunch celebration.

Starting Sunday, May 23 the Point Gallery in Fulford presents work by John Denniston and Steven Dixon. The opening reception is from 2pm to 5pm, and runs until June 20th.

Join Bach on the Rock, choir and orchestra, for their final concert of the season, this Saturday May 29th at 7 pm or Sunday May 30 at 2pm, at All Saints' Anglican Church in Ganges. They will perform Handel's Israel in Egypt, a choral anthem composed in 1738. Characters and story line are developed through interactions between the main characters. The story is told collectively by the chorus, who perform 27 of the 39 numbers; there are also 12 solo or duet arias, and an orchestral overture. 06-25

Photo Lumiere: Five Salt Spring Photographers - June 24 - July 10 10:00 a.m. to 4:00 p.m. daily at ArtSpring Galleries. Five Salt Spring Photographers have pooled their talents to create a show of their latest and best work. visit www.photolumiere.ca

Income Tax
CANADIAN & AMERICAN
PERSONAL & CORPORATE TAX PREPARATION
James T. Fogarty
TAX ACCOUNTANT
Fulford Village Office
Ph: 250-653-4692 Fx: 250-653-9221
By appointment. Fogarty Accounting & Tax Services Ltd.

One Hour Photo Finishing • Variety of Film Available

Apple Photo 

Locally owned and operated,
we are your one-stop-shop for
Digital Imaging & Print Solutions

Colour Copies!! **250-537-9917**
applephoto@saltspring.com

#6 - 121 McPhillips Ave, Saltspring Island, BC

Laser Printing • Digital Imaging • Services & Supplies

Albums and Frames • Photocopying

Custom Enlargements • Passport Photos

Competitive Prices, Friendly Staff and ALL your Building Needs Under One Roof!!

Mr. Mark Rithaler,
General Manager
S.S.I. Division welcomes all old and new customers of SLEGG LUMBER to call him at 537-4978 for all your building requirements, large or small.



Business Hours:
Mon - Friday:
7:00am - 5:00pm
Saturday:
8:30am - 5:00pm

“Why Pay More?”



Fax: 537-4945

Mark Rithaler 537-4978

CARPET CLEANING**CARPET CLEANING****REYNOLDS****CARPET & UPHOLSTERY CLEANING** since 1964

- 24-HOUR FLOOD RESTORATION
- Truck Mounted Steam Cleaning
- IICRC Certified
- Environmentally Safe Products
- Wall to Wall Carpet Cleaning & Area Rugs
- Tile & Grout Steam Cleaning
- Hypo-Allergenic Cleaning Products
- Deodorizing & Scotch Guarding
- Spot Cleaning
- Industrial De-Humidifiers & Air Movers
- Dust Mite Spray
- Cars, Trucks, RVs, Boats

RESIDENTIAL & COMMERCIAL

REYNOLDS
CARPET & UPHOLSTERY CLEANING
Residential & Commercial

250-537-4208
250-537-8168

TILE CLEANING
AIR DUCT CLEANING
FLOOD RESTORATION

Call us for a free estimate!

250-537-4208 **PAGER 250-537-8168**

COMMUNICATIONS**COMMUNICATIONS**

*Proudly serving Salt Spring Island
for over 25 years!*

ISLAND COMMUNICATIONS LTD.

Your communications specialist

Surveillance Camera Systems

VISIT US FOR



**MOBILE AND
PORTABLE
RADIOS**

We are a proud member of the BC Firechiefs Association

2540 Bowen Road,
Nanaimo, BC V9T 3L3

Phone: 250-758-7301 Fax: 250-758-0294

Email: cercomm@island.net

www.island-communications.com

COMING EVENTS

Starlight Pops Choir: All We Need is Music! Saturday, June 19 - 2:00 p.m. at Art-Spring Theatre. Directed by Sue Doman, this 65-voice pops choir presents the music of Andrea Bocelli, J.S. Bach, Eric Clapton, John Williams, Martha and the Vandellas and much more! Featuring the Starlight Pops Combo led by Phil Hallman, and a special guest appearance by vocal quartet "Four Neat Guys".

Crofton Market - Local Artisans, Beside Ferry Terminal from Saturday, May 1st till Saturday, September 4th, 2010, 9:00 a.m. to 2:00 p.m. To Become a Vendor or For More Information croftonmarket@live.com, 250-246-8848 or 250-416-0542.

Cuban Salsa classes at Mahon Hall, Sundays 6-8pm, May 30. Ganges Middle school dance studio. 653-4239.

Toastmasters of Salt Spring meet every Monday 7PM at the Harbour House Crofton room. Interested guests welcomed. Info:537-6934.

Breast Cancer Support Group. Call Teresa at 537-2259 or Deb at 930-5333.

DRIVING SCHOOL

Cornerstone Driving School has new classes starting soon. Call Shirley at 250-538-1733. 05-29

ECO-EXCHANGE

Couple will work on your farm in exchange for room/organic food/some cash/electric outlet for juicing. We are eager to learn. Open to ecovillage communities living off the land. firephoenix@live.ca. any gulf island would be great! aloha~

ELECTRONICS

moving to ontario must sell Panasonic 27" tv with surround sound (old style not flat screen) works great \$25 obo. Phone: 250-537-9167. 05-28

FARM PRODUCTS

Large free range eggs. \$3/dozen. Vesuvius area. Phone: 250-538-0304. 05-28

FREE STUFF

Dump truck loads of torn off cedar roof shakes, about 8yds, delivered free. call 653-4187. 06-25

Free Gardening Newsletter via email. Request your copy of The Garden Gnome Gazette today. Email: ssgardenservice@live.ca. Phone: 250-931-1008. 06-25

Soft green upholstered rocking chair in good condition. upholstered casual chair with arms and castor wheels. Phone: 250 538-8656. 06-11

Lateral 2-drawer filing cabinet, beige, free with pickup. 537-4356. 05-28

Frigidaire Washer & Electric Dryer, 7 years old, FREE. The front load washer still works but needs a new bearing. Very noisy. The dryer works great but needs a new power cable. Phone: 250-931-1141. 05-28

Ceiling fan in good working order with multispeed and reverse. Long downrod for slanted ceiling. Black and brass. Phone: 537-4311. 05-28

The Islands Marketplace offers free ads to non-commercial advertisers, for a duration of 3 issues. Leave a message at 537-2905 with ad description, phone number and category heading; email your ad to freeads@islandsmarketplace.com; upload your ad: www.islandsmarketplace.com; drop it off at our Apple Photo Drop Box or see page 2 for mailing address. Most For Rent and Help wanted ads are considered to be commercial listings. Rates for commercial ads are 20 cents per word or \$7/column inch.

FURNITURE

Lazy boy recliners, \$250 for two. 537-5444. 06-25

Queen hidebed, florel tones \$50. Phone: 250-653-4386. 06-25

Leather top, round Mexican table and four chairs. In nice shape, we no longer have room. \$300.00 250-538-0082. 06-11

White resin-coated round pedestal table w. 2 matching chairs designed by Danish designer Saarinen, great for inside or outside. \$150. 250-526-0530. 06-11

Hackin N' Wackin Computer Services



Brien Anderson
Phone: 537-2437

Cell: 538-8271

Email: hackwack@shaw.ca

Computer Sales & Repairs • Evenings & Weekends



This is what I was thinking...

San Francisco... in a nutshell

By Tracey Supina

Well...as most of you know by now I was swept away to San Francisco and Napa Valley. It has been years and years since I have taken a trip without my kids wait a minute... maybe this is the first actual trip. Between us we have 8 kids so you can well imagine that time alone is sparse. The days and then the hours, then the minutes leading up to the plane taking off were very exciting. I love flying. Here is my trip in a nut shell and the must sees of San Francisco.

We stayed in a Boutique Hotel in San Fran a couple of blocks from Union Square literally walking distance to almost everything. After check-in we started our walk. Right to Union Square, the stores all around, the people, the amazing buildings and design of these historic buildings captured the old romantic feel to the city. There are many great Art Galleries - a must see. A few blocks up hill from there is China Town, the street signs even have Chinese symbols on them. As we continued to gaze at the buildings, and enjoyed the people watching we duck into a alleyway to a restaurant for lunch. I ordered French onion soup - hands down the best I have ever tasted.

The restaurants are plentiful and from all the food magazines I read, some of the best in the world. Everything and anything you desire for the palate is here in this city.

The trolley cars... Wow! That was something I was looking forward to a lot when I found out where we were going. We jumped on, paid our five bucks and with the ding dings of the bells we are off heading in the direction down to Fisherman's Wharf, stopping every now and then to take in a sight or two.

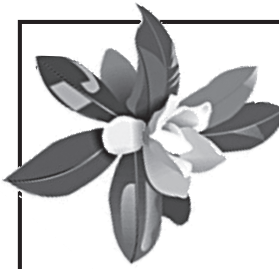
To get to the famous Lombard Street you take the Trolley (Cable Car) which stops on the edge of the street. From this spot you can see down Hyde Street to Ghirardelli Square, Fisherman's Wharf, Alcatraz and the rest of the Bay. Looking east, North Beach, Telegraph Hill, and the Bay Bridge present a fantastic view. I was in awe over how much history you can take in at once.

We walked around Fisherman's Wharf taking in the sights coming across Pier 39 which is inhabited by sea lions basking in the sun. The incredible lunch that day was clam chowder in a world famous San Francisco sour dough bowl - yummmmy.

From taking in the sights, to eating out, this was truly an incredible city full of life, history, art, and romance.

Next stop Napa Valley. Over the Golden Gate bridge and cruising into wine country is truly a drive to be seen. If you have the time take the drive because words cannot describe the beauty of the rolling hills planted with vineyards year round.

From the wine tastings at every corner and the countless beautiful vineyards with family history and stories, to dining out in Napa it was an incredible journey that we took in and we enjoyed every minute only wishing for more time.



Wild by Nature

Plants Trees and Shrubs

Beautiful Hanging Baskets

\$22.00 - \$80.00

**Bring in this ad and
Receive 10% off your Basket!**

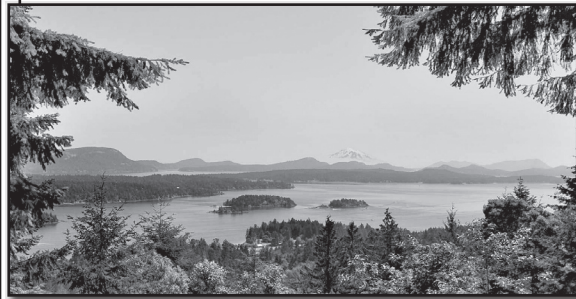
(Cash or Cheque Only Please)

239 Vesuvius Bay Rd. 10:00-5:00 msmagoo239@telus.net

LI'S FEATURED LISTING:

Salt Spring Island: Oceanview panorama! See Mt. Baker! Stylish 3 bed / 2 bath post & beam home. Private, sunny, almost one acre. Easy care property. Close to Ganges & sailing club. A delightful place to enjoy retirement!

LiRead.com/1562.htm **\$593,000**



LI READ

Corner of Lower Ganges and Rainbow Roads (Across fr. Ganges Marina)

250-537-7647

Email: LiRead33@gmail.com • www.LiRead.com

**LAURIE'S
RECYCLING
& WASTE**

Services Inc.

**DROP OFF next
to Country Grocer**

653-9279



**Containers
Commercial
Large Clean-ups
Metal Recycling**

An island family since 1861

**Open: Mon. to Sat.
8am to 5pm**

THE 100 YARD DIET

Less than one year ago, Executive Chef Paul Stewart arrived on Salt Spring thrilled at the prospect of living and working in what is known to some as the organic capital of Canada. Imagine his astonishment when he arrived at the Harbour House restaurant to find in the coolers imported, pre-packaged, preservative-filled, factory-made food. As Chef Stewart puts it “It is a Chef’s culinary obligation



to ensure that what he prepares is abundant with fresh ingredients prepared with passion, nourishing the mind, body, and soul of the customer.”

Photos by Samantha Parker

Paul selects the quality of lettuce for the salad greens.



Gardener Rob Scheres (middle) takes pride in the harbour house farm.

With the launch of their new menu last week, Sous chef Nate Catto and Stewart continued a transformation that has come full-circle. Guests of the Harbour House Restaurant can now savour only the best ingredients available, prepared using proper fundamentals by an inspired team of Chefs and cooks. As the saying goes: “a Chef is only as good as the ingredients that they source and the team they surround themselves with.” Experiencing the warm reception of the front of house staff, and the culinary masterpieces created in the kitchen suggests that here exists a first-rate Chef and culinary team.

The goal at the Harbour House restaurant is to revive a consciousness that was seemingly lost; about where our food comes from, and why it is so important to care. The organic gardens adjacent to the restaurant provides most of the salad greens, and many of the seasonal ingredients for dishes, sauces and dressings. As are all of the dressings, sauces and accompaniments, Artisan breads are made from scratch using original recipes in the Harbour House kitchen. Supporting local farms is also of utmost importance; they provide the kitchen with fresh, seasonal, organic, sustainable ingredients.

The staff at the Harbour House invites you to join them at what they proudly call “Our House” to sit down, relax, and indulge your palate. They also have talented local musicians, and a remarkable selection of local wines, beers and ciders to further enhance your experience.

Below: an oceanview garden patio is the perfect setting to enjoy the fabulous food at the Harbour House.



FRESH




**ARBOUR
HOUSE HOTEL**
and organic farm

Organic Gardens | Local Fare

250-537-4700 • www.saltspringharbourhouse.com

THE ISLANDS MARKETPLACE RESTAURANT REVIEW: THE HARBOUR HOUSE HOTEL RESTAURANT

Experiencing the Flavour of Fresh Organic Food

Photos and story by
Samantha Parker

When I approached the Harbour House Hotel I was welcomed by the colourful perennial gardens and misty sea air. From the outside it looked like a regular hospitable hotel with a nice restaurant, but I had no idea how much passion and effort was behind the culmination of what I believe to be is the freshest restaurant on the island.

With two acres of gardens and greenhouses, tucked in behind the hotel, one may not realize that almost everything that is served in the restaurant is grown right there. This includes almost every kind of vegetable, as well as a wide variety of fresh berries and other fruits. Even the honey is from the bees kept in the garden and they produce award-winning maple syrup as well.

The green houses are very impressive. The whole place looks like it has been infused with the love of health and gardening. They even have goats that provide sustainable composting solutions.



Sous Chefs Paul Stewart and Nate Catto with pan seared halibut

Guests of the Harbour House are invited to come and walk the gardens, and see where their food is actually coming from.

Chef Paul Stewart enthusiastically believes that providing islanders and tourists with locally grown food is the best way to promote eating healthy.

And he is very sincere about this. He truly wants people to be eating healthy. Health is of the utmost importance to him and it shows.

The Harbour House is adapting to more of a wellness facility/accommodation and with Celeste Mallet's new Yoga

Studio on site, it is a refreshing change. The staff must all agree as they seem to be very happy there. Our server Heather, was bright, knew her menu well, was fast, and extremely engaging.

The artistically arranged halibut that I sampled was a feast for the eyes and pallet. Complimented by the fresh herbs and vegetables grown only yards away, it was full of flavour and truly enjoyable. I wanted to savour every bite. The passion for the food is evident in the taste that I experienced. The large portion, which was only around \$18, was delightfully tender and tantalizing.

While the atmosphere was quiet, clean and subtly romantic, children and families are welcome to dine in the family friendly area, next to the licensed dining.

It really felt like a new experience being there, having a tour and learning about the varieties of herbs and organic food that they are creating. If you have never been, or have not been in a while, I eagerly encourage you to taste how delicious fresh tastes, and dine at the Harbour House Restaurant today.

Market Place
Café

New flavours,
great wine
& always fresh!

250.537.9911
103-149 Fulford Ganges
Salt Spring Island, BC
www.marketplacecafe.ca

GREEK MENU
every Friday



FALCONSHED

Escape from the ordinary...

805 Lower Ganges Rd.
@ SSI Golf & Country Club 537-1760
www.falconshedgrill.com

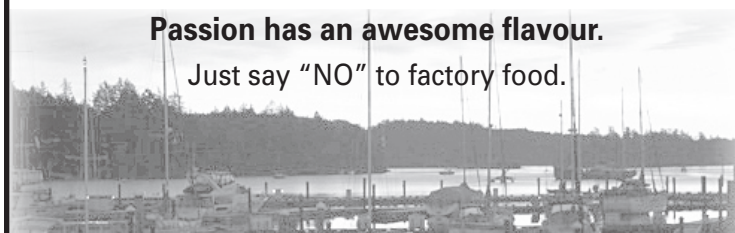
HARBOUR HOUSE HOTEL
and organic farm

*"Forget the 100 mile diet,
this is the 100 yard diet!"*

Serving fresh, local seasonal fare.

For those concerned with sustainable agriculture and our role in its success, we are committed to serving only the best, locally sourced and homemade food.

Passion has an awesome flavour.
Just say "NO" to factory food.



250-537-5571 • 1-888-799-5571 • Restaurant 250-537-4700
www.saltspringharbourhouse.com

Advertise here

Have your Restaurant
Featured in our Summer
issues. Our ad rates
won't hurt your
pocketbook...



Call 537-2905

LIVE MUSIC
OYSTER BAR

M.O.B.Y.'S
NE-EST 2009
MARINE GRILL

WATERFRONT LOCATION
BREAKFAST 7-11AM
HOURS: 7AM TO 1AM

@ SSI MARINA PH: 537-5559

Map Listings

Map # Business Name

- 1) Country Grocer
- 2) Slegg Lumber
- 3) Lauries Waste & Recycling
- 4) Ganges Auto Marine
- 5) Salt Spring Auto Services
- 6) Salt Spring Auto Supply
- 7) Li Read - Realtor
- 8) Pretzel Motors
- 9) Johnson's Auto Services
- 10) The Local Liquor Store, Bar
- 11) Apple Photo Imaging
- 12) Paul Joyce Barrister
- 13) SSI Scrap Metal Recyclers
- 14) James Fogarty Income Tax
- 15) Harbours End Marine
- 16) Moby's Marine Bar & Grill
- 17) Mouat's Kitchens
- 18) Et Cetera Office Supplies
- 19) Wild By Nature Plants
- 20) Harbour House Hotel
- 21) Salt Spring Garbage Services
- 22) Salt Spring Foot Prints
- 23) Falconshead Grill
- 24) The Wine Cellar
- 25) Saltspring Eye Care
- 26) SmartSomatics
- 27) Marketplace Cafe
- 28) Mistaken Identity Vineyards
- 29) Creative Fire Studio
- 30) Island Escapades
- 31) Camp Colossal
- 32) Chrysalis Integrated Health
- 33) Island Signs
- 34) Val Cunningham Personal Training

MOBILE BUSINESSES:

Solid Construction, The Mowerman Horel Trucking & Excavating, Dave's Drilling & Blasting, Reynolds Carpet Cleaning, Hackin' & Wackin' Computers Silver Shadow Taxi, Cornerstone Driving Island Communications - Nanaimo

COWICHAN BUSINESSES:

Lito's Cafe & Galleria, Ocean Soul Caffé The Happy Denturist, Al's Asian Treasures



Salt Spring Island Map

Honda • Mercruiser • Volvo • Yanmar

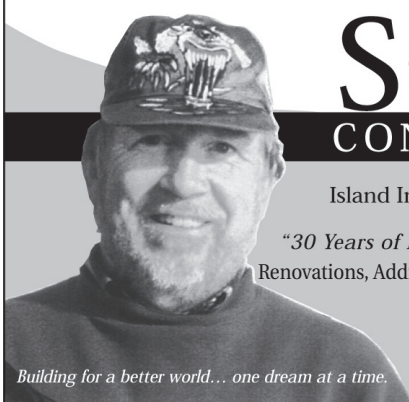
Marine Parts & Service, Gas & Diesel
 Factory Certified Mechanics
 Power Boat Haulouts • Hull Repairs
 Shipwright Services • Towing • Chase Boat
 Mobile Mechanic • Chandlery
 • Diving Services



HARBOURS END MARINE & EQUIPMENT

222 Upper Ganges Road VHF 16 "Enterprize"
 at the head of Ganges Harbour VHF 66A/68 "Harbours End Marine"
 Phone (250) 537-4202 www.harboursendmarine.com
 Fax (250) 537-4029 harboursend@shaw.ca

"The Gulf Islands' only complete Marine Service Center"



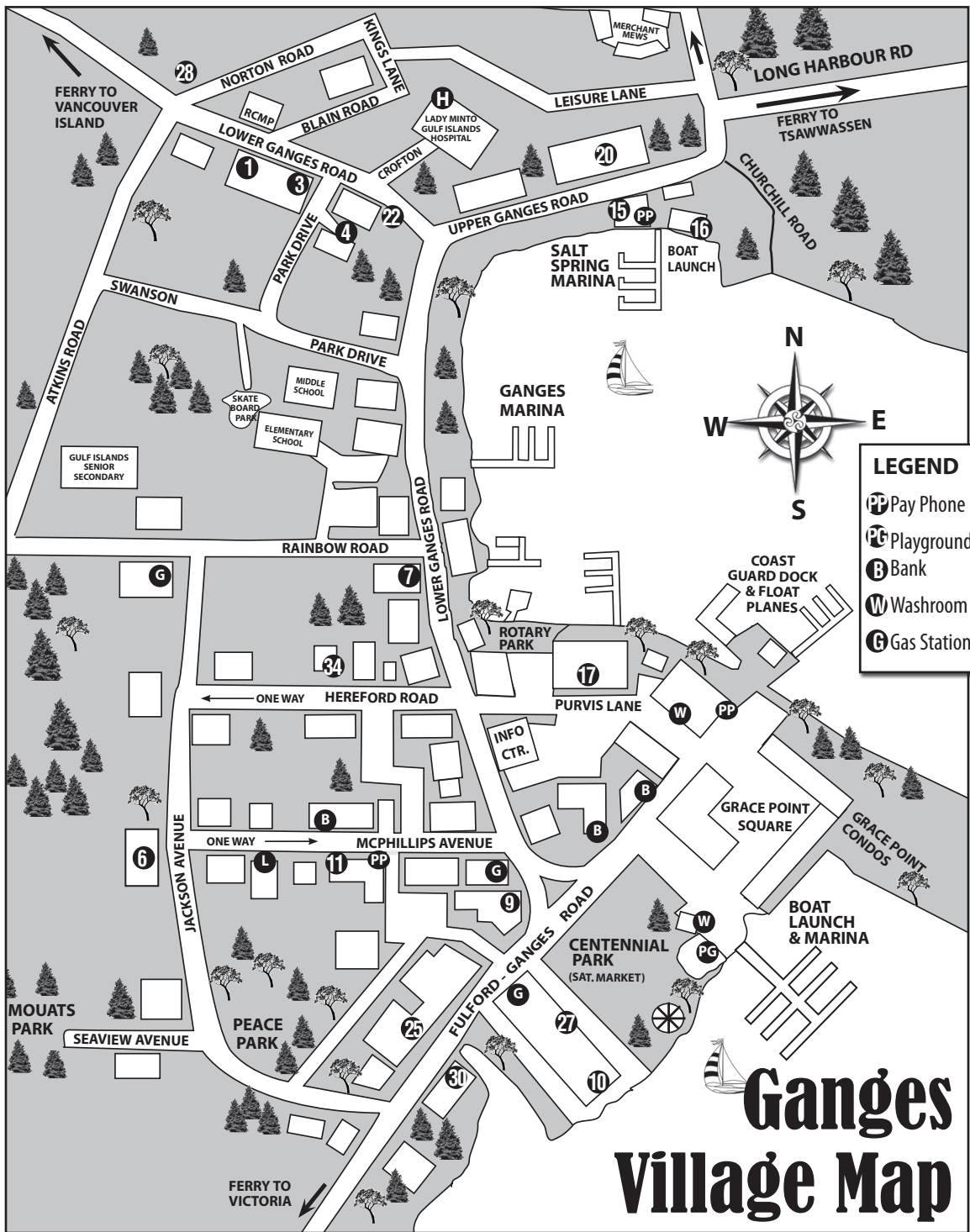
SOLID CONSTRUCTION

Island Integrity Island Pride

"30 Years of Professional, Qualified Experience"
 Renovations, Additions, Sunrooms, Custom Construction.

Jim Anderson
 537-0779

Building for a better world... one dream at a time.



Ganges Village Map

M Mistaken Identity VINEYARDS
 Growing Certified Organic Grapes
 Ph: 250-538-WINE (9463)
 Toll Free 1-877-918-2783
 Open Sat. & Sun. 12-5pm from May - June
 and 12-5pm daily beginning July 1.
 164 Norton Road, Salt Spring Island, BC
mistakenidentityvineyards.com

LIVE MUSIC
 OYSTER BAR
M.O.B.Y.'S
 RE-EST 2009
 MARINE GRILL

- **FRIDAY, MAY 28** – 8pm - World Music with **SON DE CUBA**
- **SAT., MAY 29** – 8 to 11pm Beatles Covers - **THE SUTCLIFFES**
- **SUN. MAY 30** – 7pm Folk with **FOLKSTAR VAGABONDS**
- **FRI. JUNE 4** – 8 to 11pm Soul, R&B w **SOUL INTENTIONS**
- **SAT., JUNE 5** – 8 to 11pm Rock with **PAXTON BACHMAN**
- **SUN., JUNE 6** – 7 to 10pm JAZZ w/ **QUINTESSENTIAL**
- **WED. JUNE 9** – 8 to 11pm Rock Covers w/ **TOM & MATT**
- **THURS. JUNE 10** – Blues Night w/ **GARY PRESON/DAVE ROLAND**
- **SAT., JUNE 12** – 8 to 11pm Roots with **LANE 31**

Great Food & Good Times...
 The new Moby's Experience!
@SS MARINA PH: 537-5559

Get your Business Listed on the Islands Marketplace Map!
 Call 537-2905 today!
 Next issue is Friday, June 11

Johnson's
AUTOMOTIVE SERVICES
 BCAA APPROVED REPAIR FACILITY
 GAS & CONVENIENCE IN THE HEART OF TOWN
 AUTO REPAIRS

106 Lower Ganges
 Saltspring Island, V8K 2S7

Telephone:
250-537-2023

THE LOCAL
 Liquor Store, Bar & Bistro
 Specialty Wines. Beers and Liquors.
 Snacks, Ice and Tobacco products.

Open 7 days a week, Next to Centennial Park.
 Delivery to boats available.
250-537 WINE (9463) w/ Free WIFI

★ SUDOKU ★

Answers on Page 19 of this issue

		8	2	9				7
	4		7			6		3
	5	2			1			8
5	8	9		4	6			
		3				1		
			5	7		8	4	9
	2		3			4		9
6		4			5			7
1				6	2	3		

THE ISLANDS MARKETPLACE NOW ACCEPTS



ADVERTISING WITH US JUST GOT EASIER - CALL 537-2905

In Our Next Issue:
Party Planning & More Summer Camps for Kids
Friday, June 11 / Deadline June 8
 For Affordable, Focused Advertising... Call 537-2905



Salt Spring
Eyecare

158A Fulford Ganges Road,
 Salt Spring Island, BC
 V8K 2T8

Tel: 250-537-4356

Dr. Andrea Varju

EYE EXAMS, GLASSES, CONTACT LENSES



The Wine Cellar

WE MAKE WINE FUN AND AFFORDABLE



Harry

Gerry

• On Premises Wine and Beer Making

• Premium Wine and Beer Kits

• Full selection of wine and beer supplies for home brewing

131 Price Rd 250-931-1963 Hours: Tue. - Sat. 12:30 - 4:30 or by appt.

The Islands Marketplace CROSSWORD PUZZLE

Answers are on pg19.

Provided by BestCrosswords.com Used with permission.

Across

1- Steep slope; 6- Grounded fleet; 10- Get an A, say; 14- 71% is under water; 15- Beige; 16- Adjoin; 17- British sailor; 18- Libertine; 19- Zip; 20- Black bird; 21- Strike hard; 23- Actress Spacek; 24- Small boat; 26- Like a mosquito bite; 27- Monetary unit of Macao; 29- Trims; 31- Film ___; 32- Covered with hair; 33- Hide of a small beast; 36- Trivial; 40- Born; 41- Fuming sulphuric acid; 42- Gymnast Korbut; 43- Make amends; 44- Shoot from the root of a plant; 46- Divest; 48- Stern; 49- Actress Sophia; 50- Former French currency; 52- Aliens, for short; 55- Golf club which can be numbered 1 to 9; 56- Raised platform; 57- Goddesses of the seasons; 59- Portico; 60- As a result; 61- ___ nous; 62- Knocks lightly; 63- Horse color; 64- Sharp-edged instrument;

Down

1- Actress Ward; 2- First son of Adam and Eve; 3- Truce; 4- Hwy.; 5- Laxative; 6- Letter cross-line; 7- Nae sayer?; 8- Authentic; 9- Bring civil action against; 10- Takes fright; 11- Disconcert; 12- Like bubblebaths; 13- Remain; 22- Curator's deg.; 23- Severe; 25- Corn syrup brand; 26- Dies ___; 27- Nabokov novel; 28- Bang-up; 29- Provoke; 30- Grad; 32- Hammer end; 33- Unit of frequency; 34- Othello villain; 35- Blueprint; 37- Out; 38- Swill; 39- Small children; 43- Places of contest; 44- Campaigned; 45- Sign of Sagittarius; 46- A bit, colloquially; 47- Band; 48- Wears; 49- Catalog; 50- Casino game; 51- Baltic capital; 53- Edible corm; 54- Clairvoyant; 56- ___ Rosenkavalier; 58- ___ roll;

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20				21	22					23				
		24	25						26					
27	28						29	30						
31						32					33	34	35	
36				37	38						39			
40				41							42			
			43						44	45				
		46	47					48						
49						50	51				52	53	54	
55						56					57	58		
59						60					61			
62						63					64			

CROFTON, BC ~ GATEWAY TO THE GULF ISLANDS

"THE COWICHAN CONNECTION"

• FEATURING EDITORIAL AND EVENTS FROM CROFTON & THE COWICHAN VALLEY •

Cowichan Family Life's 16th Annual Cowichan Valley Garden Tour

By Bridget Brunneski & Maureen Gallinger

Cowichan Family Life is marking 40 years of service to children and families in the Cowichan Valley. The 16th annual Cowichan Valley Garden Tour charity fundraiser is on June 6, 2010 and provides the financial resources to continue our important community work. This year's tour features six unique and beautiful gardens and includes interesting water features, fabulous designs and plantings, a raised bed garden, a very productive vegetable garden, and a Slow Food Movement garden. Master Gardeners will be on hand to answer all your gardening questions. Tickets are \$15 and can be purchased at most major garden centres in Cowichan, Victoria, and Nanaimo.

To date, 107 gardens have been on the tour with some very special gardens appearing a second time. More than 7,000 people have visited all kinds of gardens—tiny gardens to quaint spaces, elaborate Japanese designs to native woodland gardens, and exotic plantings to



unique water features. The tour has showcased the most fragrant rose gardens and the very practical green house and vegetable patch. This year's gardens are no exception. All gardens are new to the tour and are guaranteed to thrill the avid gardener as well as the weekend weed puller.

This annual charity fundraiser offers a raffle and a chance to win one of over 30 great prizes. Light refreshments will be offered for purchase at two gardens—baked goods and tea/coffee at the Toonie Tea and a

second garden will feature a light lunch of salad and vegetarian pizza, baked in the outdoor wood-fired pizza oven.

Remember, Sunday, June 6, 2010. Check our website for ticket outlets. For further information, call Cowichan Family Life at (250) 748-8281 or email cfla@cowichanfamilylife.org www.cowichanfamilylife.org

Got News & Events?
Email info@islandsmarketplace.com



The
Happy
Dentist
Brian Harris

21 years of competent & friendly service

- Complete Denture Services
- In-house Lab
- Same day Relines/Repairs
- Partial Dentures
- Dentures over implants

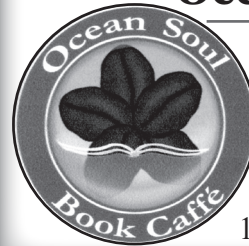
246-4674 No Referral Necessary

#7-8377 Chemainus Road
The Little Office Near
Clean Warmth Fireplaces

Waiting for the ferry? take a look...
Enjoy a fresh coffee, read a book

• Try our Ol' Fashioned Shakes •

Ocean Soul Book Caffé



25% OFF ALL BOOKS
until May 31

Phone: 250-246-1977

1578 Joan Ave, Crofton, BC V0R1R0

Incredible ocean views at the gateway to Salt Spring Island



- Same Great Food plus **Gourmet Muffins** and **Delicious Homemade Soups**
- Salt Spring Organic Coffee
- Breakfast & Lunch menu including **Lito's Daily Entrees**
- Take Home and Heat Menu
- New Art from Crofton Art Group



Visit the Galleria for A Nice Selection of Unique Gift Items

LITO'S CAFÉ & GALLERIA

FANTASTIC COFFEE - GREAT FOOD - GIFTS - CARDS - LOCAL ART

1532 Chaplin St, Crofton • www.litoscafe.ca • 250-246-5406

Al's Asian Treasures

Exceptional Quality Imported Asian Products

In an unassuming warehouse just off the junction between the Trans Canada Highway and the road to Chemainus, is Vancouver Island's most eclectic and exotic collection of Indonesian Art, crafts, home property decor, and furniture that you will see in one place.

- Metal Gates
- Stone Statues
- Art & Jewellery
- Cabinets & Furniture
- Paintings & Carvings

The name of the store Al's Asian Treasures hints that what lies within but you really have to go there yourself.

9360 SMILEY ROAD, CHEMAINUS, BC 250-732-3696

WATCH FOR MORE
**SUMMER
CAMPS
FOR KIDS**

IN OUR NEXT ISSUE
- FRI. JUNE 11

Call 537-2905 for
details today.

THE ISLANDS
Marketplace
FREE LOCAL CLASSIFIED ADVERTISING EVERY SECOND FRIDAY
WWW.ISLANDSMARKETPLACE.COM

THE GULF ISLAND'S 2010
SUMMER CAMPS 4 KIDS



**CAMP COLOSSAL
- ANOTHER FUN YEAR!**



**Salt Spring Island
Metal Recycling**

Free Scrap Car Removal

Call for pick-up from Galiano,
Mayne, Saturna & Pender

Will pick up.
Loose metal &
appliance drop off.
Fridges & freezers
Cash for non-ferrous metals.



538-8335

Call for estimates: **538-7730**

440 Rainbow Rd, Salt Spring Island

Every weekday of the summer, an average of 25 children aged 5-12, hike, play, swim, work on crafts, and explore the island under the supervision of three qualified counselors who coordinate, plan, and lead the Camp Colossal summer day camp program.

Camp days begin at 8:30 am and finish at 4:30 pm. Registration for the drop-in program begins at 8:00am daily at the Portlock Park office and pick up takes place by 4:30 pm each day. Some children attend daily throughout the summer while others drop in on days of particular interest.

The Camp Colossal brochure, available in mid June, is a day-by-day guide for activities planned for the whole summer. The brochure, eagerly anticipated by regular campers, is also requested from many visitors planning return trips to Salt Spring Island.

A typical camp day begins at Portlock Park with some games followed by a craft, such as making a musical instrument or costume for an afternoon "Salt Spring Idol" talent show, or making paper kites and airplanes and then test flying them. Afternoon field trips took the group to Mt. Maxwell for a hike, Baker Beach for scavenger hunts, or to Mouat Park for a game of Frisbee golf with disc made earlier in the day. Most long hot days end with a swim in Rainbow Road Indoor Pool.

Campers travel off-island to venues such as the Birds of Prey Falconry in Duncan, the Shaw Discovery Centre in Sidney and the Chemainus Theatre. Popular on-island theme days include the Bike Rally, Super

Hero(ine) Day, Mercado Mexicano, Pirate Symposium and Game Show day.

At the end of the last summer, when asked what they liked best about Camp Colossal, one child said, "I loved swimming, I definitely loved all the crafts. I had so much fun playing games like 'Drip, Drip, Drop', bowling, and Quidditch . . . I liked Harry Potter Day, Ice Age, and all the other days."

Camp Colossal continues to grow in popularity with both island children and visitors alike.

This year's Camp runs July 5 through September 3, Monday to Friday. No Camp on BC Day, August 2.

**Finally! High Speed
Satellite Internet
starting at \$49.99/mo.**

systems starting at \$199.00

XPLORNET
INTERNET SERVICES

www.xplornet.com

2540 Bowen Road,
Nanaimo, BC V9T 3L3
Ph: 250-758-7301
Fx: 250-758-0294

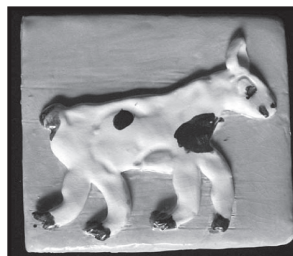
Email: cercomm@island.net

www.island-communications.com



**ISLAND
COMMUNICATIONS LTD.**
Your communications specialist

Serving Vancouver Island and the Gulf Islands for over 25 years



Summer Clay Camps
July 19 to 23, 2010
August 9 to 13, 2010
10am to 12:30 pm

\$180.00 includes all material
costs and the pick up party!

Creative Fire Studio

Ages 7 to 14

1375 Beddis Road, SSI 250-538-0144

Tracy@creativefirestudio.org/www.creativefirestudio.org

• THE GULF ISLAND'S 2010 •

SUMMER CAMPS 4 KIDS

CREATIVE FIRE STUDIO CLAY CAMPS

When children work with clay it connects them with nature's elements. They feel the earth of the planet between their fingers and they breathe out their tensions into the air. A fiery passion wells up inside as they squeeze, pinch, attach and roll the clay. The soft touch of clay and the warm water slurry they use to attach pieces soothes them. Clay nurtures and feeds their souls. At clay camp, children have the opportunity to share their creative ideas and inspire each other. Social skills are also enhanced as children help each other problem solve and learn new technical skills together. Sometimes pieces inspire story telling and the creatures they are making, come alive! There is a great sense of accomplishment when the piece is finalized and colourful under glazes are applied. With pride children show their parents their new creation at the end of each class. The camp runs for a week starting at 10 am and finishes at 12:30pm A little snack break increases the opportunity for play and social interaction.

Clay Camps provide the opportunity for children to learn all the wonderful ways of working with clay and be successful in creating pieces that can last a lifetime. Families can also do private clay workshops together where they can make a platter, bowl, lantern or sculpture that each family member contributes to. Call for info..

To register for clay camp email or call Tracy at 538-0144 or tracy@creativefirestudio.org A \$50 non-refundable deposit is required to hold your spot. Space is limited and is filling up!



ISLAND ESCAPADES ADVENTURE CAMPS

Island Escapades has offered Wilderness Adventure Camps since 1992 (B.C. Camping Association accredited). A unique small group experience, campers participate in Ocean kayaking, Climbing, Swimming, Camping Expeditions, Surfing & wilderness skills development... Personal growth and skill acquisition in safe natural settings that are beautiful & inspiring.

This year we are celebrating 20 years in business on Salt Spring & the camps are something we are really proud of.

We have seen so many Salt Spring youth kayak, hike, climb and surf with other campers from around the globe. It is so exciting to see them excel and grow in this wonderful outdoor environment.

The Day camps are action packed with kayaking, hiking, climbing, games, swimming and just good outdoor fun. It culminated in an overnight expedition. The one and two week Kayak, Mountaineering and Surfing programs are all expedition based and give you the experience that we should all have in our youth, full of friendship, good learning, and challenges! The instructors are great roll models, super exciting to be around and well trained & certified. I am totally looking forward to the 2010 camping season! Jack Rosen

Info or to register: 1 888-KAYAK-67, (250) 537-2571
escapades@saltspring.com www.islandescapades.com



Wilderness Youth Camps since 1991

- ✦ Marine, Mountain, Surf & Leadership Overnight Camps for ages 12-18
- ✦ Multi Adventure Day Camps 4 & 5 days, for ages 8-12
- ✦ Small Group Camps taught by certified instructors & accredited by the BC Camping Assoc.
- ✦ Customized Kayaking/Camping Expeditions for Families,
- ✦ Lessons & Tours for all ages

islandescapades.com | (250)-537-2571 | 1-888-KAYAK-67

Camp Colossal

Come join our enthusiastic leaders for summer day camp fun at Camp Colossal. Every day is an adventure filled with games, crafts, outdoor exploration and swimming at the indoor pool.



- AGES:** 5 to 12 years old - (must have completed kindergarten)
- COST:** \$30 per day or a book of 5 day tickets for \$135
- ON-ISLAND DAYS:** are drop-in.
- DROP OFF:** 8:00 to 8:30am at Portlock Park
- PICK UP:** by 4:30pm at Portlock Park (late fee \$10)
- OFF-ISLAND TRIPS:** must be pre-registered.



Join the Summer Fun!!
 More questions?? Contact PARC at
250-537 4448

SALTSPRING SOLILOQUIES

"This is the Age"

This is the time. This is the age. And the signs are everywhere. The cycle is reaching climax phase once again. For a brief and splendid time freedom, hope and dreams blossom on Earth. But, as always, it does not last. It is an ancient pattern. And the next phase is always the same. Oppression and darkness stealthily approach, and Humankind is posed on the unspeakable threshold of another dark age, once more.

It is always the same. It is a terror we cannot even think of or speak to each other, but all of us feel its deadly approach. Simple human beings beseeching justice, humanity, reason and "speaking truth to power" do not work. Nothing works. It is simply about ignorance. Colossal ignorance. It is the way it has always been. And the only difference this time around is that this time we are entering a dark age that will never end...unless human beings can somehow shatter this ancient cycle, step into a new dimension, and begin human life on earth again...in a totally new and different way.

To do the impossible and break this suicidal and destructive cycle all of us have to begin to understand that there is something wrong deep in the center of us all. It is a human problem not only that all of us share, but that the only way to survive and escape is to solve it together.

And we must begin to understand that the answer, when we finally uncover it, will change all of our world and civilization almost beyond recognition. Nothing will be the same.

Everywhere today human beings search for an answer that will save us. Tens of thousands of physicists with massive technology seek the elementary building block or "God" particle that our universe must be built upon. Global efforts to create a "New World Order" and Global Governance framed upon the same ancient human cycle of ignorance. Genetic engineering, synthetic life and manipulating the secret of living itself. The origin of Consciousness. Cures for disease, cell degeneration and aging.



Jim Anderson is a writer living on Saltspring. He is working on a metamorphosis of the human mind. © 2010 by Jim Anderson, Saltspring Island

The battle to discover the one idea that will save us rages everywhere in our world, today. Yet the same cycle of ignorance remains.

The secret, simple truth is that there is only one discovery that will, at last, save us and rescue humankind from extinction and oblivion. We just have yet to recognize it. That one simple discovery will be to find a way for human beings to truly care for each other to the same degree and intensity that we care for our own personal, isolated selves. Find that answer, create that new dimension in human thought, build a solid, indestructible foundation of logic, reason and order that makes absolute "sense" to CARE for other human beings and life, itself ...and nothing will be the same again. Find the answer that will make logical, rational common sense to care for other life in this universe just as "self-preservation" now makes absolute, indelible and unquestioned sense to us now, and the destructive cycle and ignorance will be broken. And you and I will step into a new world ethos and a new human awareness. The foundation for a new human civilization will have

been laid. Human life on Earth will begin again, in a different way. And nothing will ever be the same again. It is a wild and stray idea, but it just happens to be true. We all just have to piece together an impossible puzzle and make a quantum leap in the collective human mind. And we must find that answer and escape primeval ignorance together.

This is the time when humankind finally break the cycle. It is about new ideas. It is about keeping hope, faith and light alive in spite of terrible and ancient darkness.

It is about human beings finding the answer and coming together, doing the impossible that has never been done before.

This is the age they will remember. This is the age they will talk about forevermore. Where it finally began. Where humankind finally found the light, together. Where human beings finally understand logically and absolutely why they must care. This will be the age.

Comments, criticism, compliments?
Talk to me: sevenunion77@shaw.ca

The Islands Marketplace HOROSCOPE

For your daily stars,
personal horoscopes & more
visit www.patrickarundell.com

Bi-weekly horoscope contributed by Patrick Arundell. Visit his website at www.patrickarundell.com for more great features... see below.

ARIES Mar 21st - Apr 20th

Prepare the rocket launchers, for the rebellious Uranus joins your sign for the next three months. This can be a liberating vibe, asking you to shake things up and be less hamstrung by convention or by your own fears or caution. Yet the potent Pluto lays in wait suggesting that someone somewhere will dislike this change. Sparks can fly Aries.

TAURUS Apr 21st - May 21st

Saturn ends a backward journey in your sector of fun and romance. If life has seemed to have been thin on the ground in either of these two areas of late, there can be an easing, particularly as the cheerful Jupiter is challenging the glum vibes of the hard taskmaster. With Uranus moving, your life could take some surprising turns in the months to come.

GEMINI May 22nd - Jun 21st

Your sheer willpower and upbeat mood can help you overcome any difficulties at home. Someone may need joshing along but if anyone can show the leadership needed, it's you. Unusual friends and interests can also now become a bigger factor. This may see you do some U Turns in terms of your dreams but following your instincts will be essential.

CANCER Jun 22nd - Jul 23rd

Your love of stability can be challenged. Yet, ironically it can be you who rocks the boat as much as anyone else. Anyone who has you down as someone who always sticks with convention may be in for a surprise. But this can be an exciting change, one which may see you pursuing different goals and ambitions. This can see a shift of power in a close tie.

LEO Jul 24th - Aug 23rd

As long as you balance lashings of common sense with your more go-getting instincts, this can be a better time financially. It's possible that if you have previously really battered down the hatches, things can start to improve. Previous hard toil can be rewarded. Connections with people overseas or with the travel industry can also increase.

VIRGO Aug 24th - Sep 23rd

Saturn has been urging you to cut the deadwood out of your situation, not just recently, but over the last three years. This may have seen some casualties on the people side of things or old interests have fallen by the wayside. But if you feel you're down to the rump of really important folk in your life, at least you can appreciate how special they are.

LIBRA Sep 24th - Oct 23rd

This is a dramatic week, as the planet of unpredictability sweeps into your opposite sign. This can bring a racier edge into your love life, but with potent Pluto lurking in the background and forging a tight right angle, be sure of what you do or wish for. Once you make a move, however impulsive, there may be no going back! Yet liberty can be tempting.

SCORPIO Oct 24th - Nov 22nd

Saturn ends an unhelpful rewind in the future zone of your 'scope, and on the face of it, your options would become clearer. But if anything, you can start to feel even more restless. If you have every toyed with the idea of working for yourself, this can seem very attractive. But would this freedom offer the same security or structure as you have now?

SAGITTARIUS Nov 23rd - Dec 21st

You can find yourself lusting for a livelier social life. You may also find yourself attracted to a new and quite dashing person. In fact, the next three months can be a time of real opportunity for both these areas, but it can also be a more unsettled period. In addition, your thinking can be jumbled at moments this week. Do read documents really carefully.

CAPRICORN Dec 22nd - Jan 20th

Some surprises are very much a possibility, not just this week but in the next three months too. These can relate to a sudden decision to move home, to sell up or to have a child. Equally, someone close to you may be about to cause gasps of amazement. Who knows, that long standing family bachelor or bachelorette, may decide to settle down at last.

AQUARIUS Jan 21st - Feb 19th

Both your ruling planets of Saturn and Uranus are active this week. Bright themes can see you hit the jackpot, but it is essential that you carefully consider who you are dealing with, and that they may have a different outlook from you. If you do fine-tune your actions, you can be persuasive and enjoy a breakthrough. Yet an old secret may be revealed.

PISCES Feb 20th - Mar 20th

Big ideas are all very well, but you need to look to the details. You could run into someone who is much more demanding than you expect and they'll soon put you on the spot. There could be a bit of a clash - if you press a need to do exactly as you please. With Uranus moving, a sudden money-making opportunity may require a snap decision.

• Love ~ Romance 2010 • Health ~ Fitness 2010 • Work ~ Wealth 2010 • Myths and Legends • Leisure ~ Pleasure 2010

Health & Wellness

• PROGRAMS • CLASSES • PRODUCTS & SERVICES • STUDIOS • CLASSES • WEIGHT LOSS SUPPORT

The Islands Marketplace (TIM) asked Deb Leblanc of DebFit some questions about her trademark DebFit Method for Weight Loss...

TIM: WHAT WAS YOUR FOCUS FOR WRITING THE DEBFIT METHOD TM?

DF: Number one reason the DFMethod was written was to share smart weight loss and healthy lifestyle how-to's with smart women. Another key focus was to debunk a lot of crazy eating and exercise myths out there. In addition, sharing some of my personal weight loss and overcoming my fat genes insights with readers.

TIM: IS THERE A PERSONAL STORY BEHIND WRITING THIS BOOK?

DF: I used to keep my battle to lose weight (took me about 2 years to lose about 30lbs) very private and didn't share my struggles with anyone. On the outside I was Little Miss Perfect Personal Trainer. Yet Inside I was alone trying to find my happy weight and every single day, fighting my fat genes. The time had come to let people know that I (also) was having a hard time losing my extra fat and to share my tips, advice, cleanse and fat blast schedule and fitness programs that has come to be known as the Debfit Method.

TIM: DO DIETS WORK?

DF: 'Diets' are calorie counting prettied-up to fit the current diet trend. Constant calorie-counting i.e. dieting, is depressing and robs us of one of life's greatest pleasures — the enjoyment of eating good food. When I used to 'diet' I had all but forgotten what that even 'tasted' like. I started to allow my intuition and intelligence to determine what, and how much, you eat. Not a stupid diet. This very fact is the foundation of The DEBFIT METHODTM

TIM: WHAT ARE A FEW HEALTHY LIFESTYLE TIPS THAT PEOPLE MAY NOT KNOW, THAT YOU WOULD YOU LIKE TO SHARE WITH TIM READERS?

- DF:**
1. Happy Digestion is easily 85% of finding your Happy Weight.
 2. If you think you can give up sugar forever and ever, think again. Unless you live under a rock, that will likely never happen.
 3. How to get fat with fat-free foods, this one is also a biggie. Tough to steer fat-free devotees away from their fat-free yogurt and the like.
 4. If you are trying to lose weight my best advice is to not beat up on

yourself when you experience a moment or two of weakness in your own weight loss journey. it's perfectly human to find yourself circling the block a few times, until you figure out where you are going.

Got Pain? Feel Stiff & Sore?

SMARTSOMATICS Classes are suitable for all fitness levels and can help you reclaim a comfortable relaxed body at any age.

Once learned, **SMARTSOMATICS** are gentle, effective exercises that can be done on your own at home to reduce pain, stress and sore muscles.

SmartSomatics will help you regain and maintain your ease of movement.

Nelly Kosteljik, RMT, CSE, SMARTSOMATICS Instructor
Call 250-537-2056 or smartsomatics@shaw.ca for classes & updated info online at <http://smartsomatics.shawwebspaces.ca>

LET'S FIND YOUR BEACH BODY!

Personal Training with Valri Cunningham

120 Hereford Ave at Living Strong Studio.

250 538-7447



Chrysalis Integrated Health Coastal Orthotics

Providing orthotics & footcare since 1996

Michelle Nadon-Renick
Registered Physiotherapist

155 Cormorant Crescent
Salt Spring Island, BC V8K 1G8

Phone: (250) 538-8410
michelletrenick@hotmail.com
www.questforthedivine.com



SALT SPRING FOOTPRINTS

ORTHOTICS - Custom made on Island perfectly fitted to your feet & footwear

Complimentary Consultation / Free Housecalls
Electronic Gait Analysis
Shoe Modification

Markus and Barbara Poerschke
Orthotist & Orthopedic Shoe Technicians since 1987

1 - 266 Lower Ganges Rd.
saltspringfootprints@telus.net

250-537-1720

FURNITURE

Lazyboy Love seat, beige with floral pattern good condition, asking \$250. may be seen by calling 250-537-2966. 06-11

Two-tier oval glass coffee table, about 4 ft. long; \$100; 537-4289.. 06-11

Upright Freezer- \$100.00; Ikea Kitchen Table & Chairs -\$50.00; Oak Coffee Table, & Side tables \$100.00. Queen Size Inflatable Bed. Phone: 250-537-1802. 06-11

Full size fridge in excellent working condition. First \$50 takes it. Call evenings(250) 537-5977. 05-28

Next to new serta "Full" mattress with ultra cushion top. Prestine condition, looks brand new. Must sell asap \$ 400 or willing to negotiate. 604-902-7786. 05-28

Lazy boy chair. tanned leather. great condition. \$100. 250-537-0756. 05-28

Comfy modern loveseat sofa with custom deep olive green slipcover. \$60. Phone (Salt Spring) 250-999-0870.. 05-28

B&B bedding from Sears & Home Sense: KING SIZE: synthetic duvet \$60, bamboo coloured duvet cover \$75, two sets cotton sheets and pillow cases - one white, one tan \$40/set, reddish/brown coloured, cotton duvet cover - faded one side \$35, one set ice blue, flannel sheets and pillow cases \$45. TWIN: two, polar fleece blankets, \$15 each. All items in new condition. Delivery can be arranged 250 538-0998. 05-28.

GARDENING

THIS AD SPACE IS ONLY \$7/ ISSUE

plus GST (**that's just \$3.50/ week**) Ad size: 1.85" x 1"
CALL 537-2905

FURNITURE

Dining set table and four chairs, handmade, pine, colorful, Mexican design. Table, pedestal and chairs has design. Bench, sits two, with mexican design. Sit opens for storage. Email: jay.small@shaw.ca. 05-28

GARAGE SALE!

GINORMOUS garage sale in support of Therapeutic Riding. Treasures from all parts of the island. 1860 Fulford Ganges Road 10-3 Saturday May 29th. RAIN OR SHINE. Parking at the top of the driveway. Phone: 250-653-0043

GARDENING

8' light green umbrella, Brand New. \$99 home depot. Asking \$65.00. 537-9981.

Wanted: one free wheelbarrow in pretty good shape needed for community garden. We thank you! 537-4562. 06-11

Caylallilies bulbs, \$1.00 each. Dahlia tubers, 75 cents each. 537-4110. 06-11

6 foot handcarved stone-standing Buddha statue. \$1295. 250-732-3696. 05-14

Experienced garden help. \$15 per hour. Weeding a speciality. 931-7193. 06-11

GRAPHIC DESIGN

Islands Marketplace does graphic design. Creative, professional, experienced and affordable. Call 537-2905 or email: info@islandsmarketplace.com

HEALTH & WELLNESS

Massage bed, electric towel heater, facial steam machine, \$300 for all. 537-5444. 06-25

Wanted: stationary bicycle in excellent condition to rent or buy. Call: 250-537-9872. 06-11

Rife Energy. Personal, professional friendly energy work. 537-2259.

HELP WANTED

Looking for extra help cleaning our beautiful rental cottages, most Fridays, July and August 10am - 2pm (approx). Good rates paid - please call Sally at Maracaibo 537 2878. 06-25p

Class 4 drivers needed for part time driving. May work into full time. Please call 250-538-8890. 04-30-

HOME IMPROVEMENT

Tile cutter and blade \$60, heat gun for stripping paint \$30, 14 foot 6x8 wooden beam, \$25, white enamel double kitchen sink \$20, 200 watt halogen motion sensor light \$15. All items in good condition. Delivery can be arranged 250 537-1909 or 250 538-0998. 05-28.

To those people that I have house painted, many thanks. To those people that would like to have their house painted, inside or out, reasonable rates, please phone Keith, eves at 537-9169 or Teresa days, cell: 737-7688. 03-05P

HOROSCOPE

Learn about your lovelife, health, work and wealth in 2010. Have your personal horoscope emailed to you. With over 12 years experience, astrologer Patrick Arundell provides intelligent, accurate and unique insight into the ancient craft of astrology. Visit www.patrickarundell.com for accurate daily and weekly horoscopes, anytime. Check your horoscope at: www.astrology-enterprises.com.

HOUSESITTING

Quiet, non-partying, non-smoking, locally employed, married couple back from 3 years in Mexico seeks housesitting / caretaking opportunity on Salt Spring Island. Have your property cared for by live-in caretakers. Handyman, professional, trustworthy. Phone: 250-221-0258. 05-28

Housesitting available by reliable Salt Spring woman, 60, Live/work/housesit, petcare/property care, arts assistant, long term island refs. email: starwalkergray@netscape.net. 05-28

LOST & FOUND

Lost: Library book "John Lennon, the Life" by Phillip Norman. Left in a black Thiftys bag on a mouats bench May 13. Please return book to Salt Spring library now. It is due on June 3. 250-653-9115.

LOST: PLANNER (Daytimer) on May 6-7, black leather with zipper approx 7"x10". Reward. (250) 537-9650. 05-28

LIVESTOCK

Shepherd seeks fenced pasture for ewes and or Lambs..prefer North End but will consider Island wide..I will maintain fences & provide Infrastructure, you get Assistance & Lamb also Farm Status. Phone: 250-537-4172. 05-28

MISC. FOR SALE

Suh-mar compact composting toilet system. Never used. About same size as water toilet. Easy to install. New price over \$1200. Asking \$950. 250-537-0612 - pm. 06-25

Brand new Hunter ceiling fan still in the box. Osprey# 28496. White, 3 blades, clean lines. Paid \$271 at Home Depot. Yours for \$100. 537-4311. 06-25

Huge umbrella, sunshade. mint condition Envirodesigns Pendelax V+. No room for this beautiful and useful umbrella. Grey and white in color I paid \$2,400 +tax for this. Letting it go for 1/2 price!! made of commercial grade materials and is in superior condition, always covered at night and stored inside in the winter. See www.envirodesigns.com for info and pictures. Phone: 250-882 1026. 06-25

MOWERMAN

Lawn & Yard Care

- Mowing
- Power washing
- General Yard Cleanup
- Trimming
- Tilling

saltspringmowerman@gmail.com



537-7746

DAVE'S DRILLING & BLASTING

Dave Phillips

"We don't stand behind our work, we stand behind a tree!"

Bus: 537-2618 Cel: 537-7481



Carl Borgstrom
Kitchen Designer
250-538-7133

MOUAT'S

KITCHEN & BATH CENTRE

- Fine Custom Cabinets from MERIT
- Kitchens • Bathrooms • Offices
- Dining Rooms • Entertainment Units

Serving Salt Spring & The Gulf Islands

MOUAT'S TRADING CO. • DOWNTOWN GANGES • SALT SPRING ISLAND

MISC. FOR SALE

Very beautiful, very heavy chessboard... black onyx and agate.. \$20 firm. Board only. Phone: 250 537 0710. 06-11

Fifty-cup coffee maker \$40, beeswax, moulds and other supplies, \$35, wooden Adirondack lawn chair \$15. All items in good condition. Delivery can be arranged 250 537-1909 or 250 538-0998. 05-28

MUSICIANS

Local Musicians! Get listed Online in The Salt Spring Musicians Directory. It's Free! Go to www.vollent.ca/salt-springmusiciansdirectory or email dvollrath@saltspring.com with your contact info.

MUSICAL INSTRUMENTS

1984 Ibanez LS300 Dreadnought 6 strings Acoustic Guitar - Perfect shape - \$2000 USD - Contact: Georges - 951-263-4940 - georges@cyme.org - On SaltSpring Island. 06-11

DOD FX57 Hard Rock Distortion pedal. Distortion pedal with built in delay. \$25. Phone: 538- 5549. 05-28

Yamaha G2 Grand Piano. Black Gloss 57". Phone: 604-506-0077. 05-14

OFFICE SERVICES



Custom Orders • Office Products
Regal Catalogues/Sales
et cetera
(Salt Spring Book & Stationery)
162 Robinson Rd.
By appointment Ph./Fax: 537-5115

REAL ESTATE

This spacious Nimpkish Height home on 2.15 acres offers a relaxed lifestyle just minutes away from Pt. McNeill. The house boasts a large front yard and even larger back yard. The 2500 sq.ft 2 level home features a lrg master bdrm w/ensuite as well as 2 additional bdrms and second bthrm. The kitchen is recently upgraded with new appliances. As well is a large pantry and informal dining area. Downstairs offers ample room for family gatherings with a rec room, games room, wet bar, 4th bedroom and 2 piece bathroom. Photos available. Phone: 250-956-2675. Email: lindyjk@yahoo.ca. 06-11

RENTALS

Brand new 1 bedroom 600 square foot cottage in secluded area with hard wood floors and wood stove. close to salt spring vineyards with beautiful views. Looking for long term. \$900/month plus utilities. respond by email preferred threefiftyzed@hotmail.com Phone: 604-377-6871. 06-11

RENTALS

Lofty gorgeous 3 bedroom executive town home, fully furnished, in Ganges. Available May - Oct. \$1350 a month. Call 604-763-7461.. 05-28

RENTALS WANTED

We are a professional couple from Galiano looking to rent a cottage or house for the school year. Please call Rob or Marie. Phone: 250.539.9881. 06-25

3 bedroom rental required asap for professional woman and 2 well behaved teenage daughters, non smoking, no partying email thefirm@kootenaylawcorp.com 250-417-4678

Required for June 1, one or two bedroom for mom and daughter. Great references, quiet clean, respectful and employed. Please call 538-7663. 06-25

Young couple with dogs looking for a place to rent. Check emails regularly .Email: kumatica@gmail.com. 06-11

My husband and i and our two miniature dachshunds need a place to rent for the summer. as soon as possible. 1-250-718-8233. 06-11

Quiet, non-partying, non-smoking, locally employed, married couple seeks clean, small 2 bedroom or large 1 bedroom suite, duplex or cabin for long-term rental. \$600-900 per month. Phone: 250-221-0258. 05-28

RVS & CAMPER

1984 Dodge camper van, 19' roadtrek, 318cc, power steering, oblique brakes, cruise, sleeps 3, 2 burner stove, fridge, flush toilet, fresh water tank. twin batteries. \$6700 obo. 250-629-3289. 06-25

Top of line Titanium fifth wheel, base 29' effective length 34' 1 slide, fully loaded \$25000. Phone: 250 537 8398

1989 corsair motor home, an oldie but a goody, excellent shape, 9000.00.obo. Phone: 250-537-1802. 05-14

SPORTING GOODS

Aluminum Softball Bat... absolutely new never used. 33 inches..26 ounces... \$20 firm. Phone: 250-537-0710. 06-11

SUDOKU ANSWER

3	6	8	2	9	4	5	1	7
9	4	1	7	5	8	6	2	3
7	5	2	6	3	1	9	8	4
5	8	9	1	4	6	7	3	2
4	7	3	8	2	9	1	6	5
2	1	6	5	7	3	8	4	9
8	2	5	3	1	7	4	9	6
6	3	4	9	8	5	2	7	1
1	9	7	4	6	2	3	5	8

SPIRITUAL

"Hold Fast Thy Word"

Airs Sunday mornings

SALT SPRING RADIO

10am - 10:30am CFSI 107.9FM

www.cfsi-fm.com

7:45 - 8am on KARI 550AM dial

www.kari55.com

SPORTING GOODS

Mt. Equipment Co-op rear-wheel trainer for bike \$100. Good condition. Delivery can be arranged 250 537-1909 or 250 538-0998. 05-28

WANTED

Wanted to buy: Log splitter. Call 537-5471. 06-11

Are you looking to get rid of old windows, perhaps you're renovating and don't need them? I'm looking for free windows (in the frame) if you need someone to pick them up. Thanks. Phone: 250-653-9158. 05-28

♻ please recycle ♻

WANTED

Wanted: Bush box, Mac & Blo style, for Toyota pickup. Call Dave Phillips at 537-7481.

Wanted to buy: 3 axle boat trailer for 6 ton, 26 ft. boat with 8 ft. beam. 250-751-6141.

WORK WANTED

Father and sons grass cutting, by the hour or flat rate. Fire season is coming, keep it short to reduce the hazzard. Phone: 250-538-8204. 06-25

Quiet, non-partying, non-smoking, locally employed, 30 something, married couple back from 3 years in Mexico seeks caretaking opportunity on Salt Spring Island. Handyman, professional, trustworthy. : 250-221-0258. 06-11

I am somewhat new to island and I am looking for work I have a experience in landscaping, forklift, painting and framing as well I have a ford f250 pick up. Please contact me via email adam_smolcic@yahoo.ca. 05-28

Call 537-2905 to place your ad today. 100% locally owned & printed on Salt Spring Island.

HOREL TRUCKING AND EXCAVATING

Digging the rock for generations!



gravel, sand, crush rock
soil, fill, brush, stumps, landscape,
rock demolition, excavations,
driveways landscaping, rock walls,
block walls, landclearing, hydro and
waterlines, drainage, fence posts

250-653-9581 250-537-6224

465 Dukes Road

jphorel@shaw.ca

Saltspring Island, BC V8K 2B6

CROSSWORD PUZZLE ANSWERS

Answer for this issue's puzzle

Provided by BestCrosswords.com Used with permission.

1	S	C	A	R	P	6	S	S	T	S	10	P	A	S	13	
14	E	A	R	T	H	15	E	C	R	U	16	A	B	U	T	
17	L	I	M	E	Y	18	R	O	U	E	19	N	A	D	A	
20	A	N	I	21	S	22	M	I	T	E	23	S	I	S	S	Y
24	S	25	K	I	F	26	I	T	C	H	Y					
27	P	A	T	A	C	A	29	P	A	R	E	S				
31	N	O	I	R	32	P	I	L	A	R	33	K	I	P		
36	I	N	C	O	N	37	S	E	Q	U	E	N	T	I	A	L
40	N	E	E	41	O	L	E	U	M	42	O	L	G	A		
43	A	T	O	N	E	44	R	A	T	O	O	N				
46	S	47	T	R	I	P	48	H	A	R	S	H				
49	L	O	R	E	N	50	F	R	A	N	C	52	E	53	54	
55	I	R	O	N	56	D	A	I	S	57	H	O	R	A	E	
59	S	T	O	A	60	E	R	G	O	61	E	N	T	R	E	
62	T	A	P	S	63	R	O	A	N	64	R	A	Z	O	R	

COUNTRY GROCER

"Where the Locals Shop!"



*Store Hours 8am-9pm
Café Hours: 6am-9pm*

SALT SPRING'S LARGEST GROCERY

Happy to help

10% OFF EVERY TUESDAY

Great Garden Dept.

Community Supporter

Premium Quality Products



Friendly Nutritional Help



Fresh Seafood & Meats



Delicious Baked Goods

UPPER GANGES LIQUOR STORE

**Open 9am to 11pm
Daily Government
Liquor Store Prices
(featuring local wines)**



Salt Spring's Largest Liquor Store

FIND US HERE:



**374 Lower Ganges Rd.
Salt Spring Island, BC
250-537-4144**

